

Quick Scan Report – Power Settings

If your server is configured with a balanced or power saving setting, it may impact the performance of your server by slowing processors to use less power, or spinning down disk to save on power. The only power setting that is appropriate for SQL Server that requires performance is the High Performance setting. You can adjust this in the power options in the control panel.

1	Power Options		_		×	
•	← → ~ ↑ 🗟 > Control Panel > All Control Panel Items > Power Options 🗸 Ō			h Contr	R	
	Control Panel Home Choose or customize a power plan				8	
1	Choose what the power button A power plan is a collection of hardware and system settings (like display brightness, sleep, etc.) that manages how your computer uses power. <u>Tell me more about power plans</u>					
	Create a power plan	Preferred plans				
	Choose when to turn off the display	Balanced (recommended) Change plan s Automatically balances performance with energy consumption on capable hardware.	ettings	ings		
	Change when the computer sleeps	 High performance Favors performance, but may use more energy. 	ettings	gs		
		Show additional plans		9		
	See also					
	User Accounts					

Even though Windows recommends the Balanced option, it is not a good option for your SQL Server unless, you are more concerned with the amount of power being used than the speed of the server.