SOS_SCHEDULER_YIELD

by Steve Stedman - http://databasehealth.com/server-overview/waits-by-type/scheduler-wait-types/sos_scheduler_yield/

SOS_SCHEDULER_YIELD

SQL Server SOS_SCHEDULER_YIELD Wait Type

The SOS_SCHEDULER_YIELD wait is logged in SQL server when a thread doing processing voluntarily yields its processing to let another thread perofrom work.